



PURE ESSENTIALS

Day Spa

SERVICE MENU

2026 'E' Street
Bakersfield, CA 93301
661 633 0220



facial treatments

All facials are customized with our Bioelements Custom Blending Lab to address your specific skin care needs.

Classic Bioelements Facial

30 min Fast Results | \$35 70 min | \$65

Designed for your exact complexion, this personalized facial is totally customized from start to finish! You'll experience a custom blended deep pore cleansing, exfoliation and massage of the face, neck and shoulders followed by a therapeutic Bioelements mask and serum designed to correct specific problems. Emerge an hour later with immaculately clean, smooth and glowing skin.

NEW! Bioelements Fast Results Eye Smoother 30 min | \$35

In just 30 minutes, this express treatment gives your client a relaxing anti-aging eye treatment that includes a de-stressing acupressure massage, a hydrating, cooling mask and calming aromatherapy. The Fast Results Eye Smoother is perfect for Brides or that special event where you need to look your best- or for anyone that doesn't have a full hour to spare.

The results? Eyes that are fresh, bright, and younger-looking.

Bioelements Skin Treatment for Men

30 min Fast Results | \$35 60 min | \$60

A customized treatment designed to keep your skin looking its very best. We'll start with deep cleansing and exfoliation to target any breakouts, blackheads and ingrown hairs. Next, a custom blended Bioelements mask will be applied to soothe, balance and tone your skin. All this, plus a relaxing massage of the face, neck and shoulders. You'll emerge looking and feeling like a million.

Lactic-Plus Peel

30 min Fast Results | \$40 70 min | \$75

This advanced, ultimate-strength peel contains organic lactic acid, enhanced by pumpkin fruit enzymes and stimulating pomegranate to provide a powerful surface peeling of dulling skin cells. This peel will dramatically improve dull, lifeless and rough-textured skin, and can be customized to meet the level of exfoliation that your skin needs with amazing results, and no down-time. Your skin will feel smooth and retexturized, with a brighter, more even overall tone.

Flaxx-C Anti-Aging Facial

30 min Fast Results | \$40 75 min | \$75

This breakthrough treatment is created for skin that's showing signs of age: sagging, fine lines and dullness. A thorough cleansing is followed by our exclusive layered exfoliation process, energizing massage and ultra-tightening mask. It's all designed to restore firmness to sagging skin as it lifts, tightens and smoothes. You'll instantly experience firmer, more resilient skin.

Pumice Peel Manual Microdermabrasion 70 min | \$70

The ultra-fine pumice crystals in this machine-less microdermabrasion treatment peel away dull, dreary cells, abrade uneven skin and visibly reduce the appearance of fine lines and wrinkles. A skin-resurfacing treatment, it also includes a customized Bioelements mask to infuse nutrients into your newly polished complexion. The results will be brighter skin with improved clarity and a more even tone. It's the ideal option for those who want the effects of microdermabrasion without the machine.

Oxygenation Facial 70 min | \$70

Breathe new life into your complexion with this high performance cosmeceutical treatment that carries active ingredients deep into your skin via oxygen molecules. The immediate, visible benefits you'll enjoy include softer, smoother skin that feels cleaner and fresher than ever. This is the perfect treatment for skin that is sluggish, clogged or prematurely aging.

VitaMineral Power Facial 70 min | \$70

This cosmeceutical treatment infuses your skin with antioxidant vitamins and trace minerals to stimulate the production of collagen and elastin and protect against environmental aggressors. The perfect anti-aging facial, it includes a unique Bioelements energizing massage to penetrate vitamins A, C, E and D into the epidermis and tone the skin. Experience this dynamic treatment for firmer, stronger, more radiant skin.

Calmitude Facial for Sensitive Skin 70 min | \$65

Created for intolerant complexions, this soothing treatment is designed to strengthen fragile skin while reducing redness and discouraging irritation. You'll experience calming skin cleansing, gentle exfoliation, a relaxing facial massage and an ultra-soothing mask customized specifically for your skin's unique sensitivities. Emerge with skin that feels comfortable, smooth and less reactive to aggravating stressors. A perfect choice for sensitive skin.

micro-treatments

Add one or more of these special treatments to your facial for a truly unique experience.

Bioelements V-Neck Firming Mask \$10

This micro-treatment is designed to instantly firm and tighten sagging neck and v-area tissue.

Multi-Task Eye Mask \$10

This cooling and de-puffing mask helps refine, brighten and smooth away dry, crinkly skin around your eyes, restoring their youthful appearance.

Lip Buff Double Exfoliation Treatment \$5

This treatment gently sweeps away dead, peeling skin, reduces fine lines and promotes natural color, then moisturizing balm soothes dry skin. Lips will feel cushioned, soft and smooth.

Herbology Hand Retexturizer \$10

In this rejuvenating treatment, medicinal Chinese herbs and alpha hydroxy acids are applied to exfoliate, smooth and de-age the skin on your hands.

microdermabrasion treatments

Microdermabrasion 75 min | \$85 with Light Therapy 90 min | \$105

Buy a series of 3 microdermabrasion sessions and receive a 4th FREE!



makeup services

full application 40 min | \$45

Receive a \$45 credit toward same day Youngblood purchase.

wedding day application 45 min | \$45 makeup trial 60 min | \$22.50

We offer in-spa as well as on-site services on the wedding day for the bride and her bridal party. Extra fees may apply depending on location.



body treatments

For an even more decadent experience, add a Bioelements Fast Results Facial (page 2) to any of the luxurious services below for an additional \$35.

NEW! Vanilla Latte Sugar Polish 75 min | \$70

Great news for coffee lovers: our luxurious body treatment, the "Vanilla Latte Sugar Polish," smells great *and* combats cellulite! Made with 100% Arabica coffee grounds, a specially formulated sugar scrub gently smooths, tightens and tones the top layers of skin, while the warm, rich aroma of fresh vanilla coffee beans awakens and invigorates the senses. Enjoy an acupuncture facial and scalp massage while the coffee grounds activate skin cells and stimulate circulation. A healing blend of coconut, macadamia nut, sweet almond, and Vitamin E oils moisturizes and restores. The inviting scent of warm, buttery vanilla lingers on the skin.

Herbology Body Retexturizer 75 min | \$70

Experience a therapeutic body exfoliation that uses medicinal Chinese herbs to smooth and retexturize your skin from neck to toes. It starts with an application of warm Hazelnut Oil followed by an exfoliating Herbology massage. You'll then be cocooned in heated thermal blankets to melt the therapeutic granules into your skin. A creamy mask laced with the same herbal blend is then applied to your face. The result will be silky smooth, revitalized skin that will feel comfortable for days.

MudTherapy Body Mask 75 min | \$70

Detoxify and stimulate your skin's metabolism with therapeutic mud and aromatherapy. In this revitalizing treatment, MudTherapy is applied to your entire body and you are cocooned in warm blankets to jumpstart the purification process. The mud mixture will unleash a stimulating action, helping to rid your body of toxins. Emerge from this invigorating treatment refreshed and re-energized. Especially effective if you have been overindulging and need to 'detox.'

Sugar Soufflé* Body Polish 75 min | \$70

Pure cane sugar crystals gently massage away dry, flaky skin leaving you feeling smooth and refreshed. A nourishing blend of coconut, almond, and vitamin E oils repair and revive tired skin. Finish with a luxurious application of healing Shea Butter body cream.

***Choose your favorite scent from the LaLicious Body Collection**

CryoThermic Body Slimming Treatment 75 min | \$75

Encourage your body's natural slimming process with this intensely active body wrap. You'll enjoy the dual sensation of invigorating heat and revitalizing cool energies as CryoThermic Body Gel activates your microcirculation. As you're wrapped and relaxed, this intensive thermal process will immediately begin to target puffiness and swelling due to water retention, tissue firmness, unwanted toxins and sluggish microcirculation from lack of exercise. The result is a more toned, revitalized body.

Series of 5 CryoThermic sessions | \$300 **Buy 4, get the 5th session FREE!**



massage treatments

All massages customized upon consultation.

traditional massage

Back to Basics 50 min | \$55

Using classic Swedish techniques, this massage works the lymphatic, circulatory, and respiratory systems while smoothing muscles and releasing stress. Your choice of heated oils or massage cream encourages peaceful relaxation.

Integrated Massage

75 min | \$65 90 min | \$80

This highly customized massage extends beyond the Basics, including stretches to increase flexibility and range of motion and use of essential oils and hot towels to promote relaxation. A sugar scrub gently exfoliates the back and shoulders, and deeply hydrating Shea butter nourishes damaged, thirsty skin.

Couples Massage 60 min | \$150/couple

Two guests can enjoy an Integrated Massage session side-by-side. 48-hour notice required.

specialty massage

Our advanced massage treatments target more specific health concerns.

Shiatsu 60 min | \$70

Traditional techniques "reset" various Shiatsu points throughout the body, restoring balance and opening the body's energy channels. This invigorating treatment releases pressure and stress, while stimulating the nerves and soothing muscle tendons.

Aromatherapy 60 min | \$70

A variety of essential oils help you escape on a journey of the senses.

Prenatal Massage 60 min | \$65

This specialized massage focuses on a woman's special needs during pregnancy, reducing discomforts and concerns such as backache, swelling, and leg cramps. Extra care and attention are given to the mother's comfort and stage of pregnancy.

à la carte

The micro-treatments below may be added to any massage for an additional \$10 each.

Cold Stone

Cool, refreshing; also ideal for migraine relief.

Sugar Polish

Gentle exfoliation and pampering of the hands and feet.

Hot Stone

Heated stones help ease muscle tension.

Balance & Relaxation

Additional 10 minutes after your treatment to ease you into perfect consciousness.



face & body waxing

Allow at least 1/4" hair growth before waxing.

| | | |
|---------------|---------------------------------------|----------------|
| Nose \$5 | Lip, Chin, Hairline \$10 each area | Full Back \$55 |
| Eyebrow \$12 | Bikini line \$28 | Half Back \$27 |
| Face \$30 | Brazilian \$40 | Underarm \$19 |
| Half leg \$30 | Full Brazilian \$45 | Half Arm \$20 |
| Full leg \$45 | | Full Arm \$30 |

waxing tips

- ✓ Do not wax if you have tanned within 24 hrs.
- ✓ Do not wax on sunburned skin.
- ✓ Do not wax if you are using Accutane or Retin A.
- ✓ Stop use of AHAs, glycolic, exfoliators, or salicylic acid 3 days prior to and after waxing.
- ✓ Absolutely NO waxing on open sores or lesions.

Please consult with your spa therapist about any further questions or concerns.



airbrush tanning

Personalized airbrush tanning for a year-round golden glow!

Keep your body beautifully bronzed without ever exposing yourself to skin-damaging UVA/UVB rays. DHA, the active ingredient in Fake Bake tanning products, reacts with the natural melanin in your skin and darkens the top layer of your skin giving you a "tanned" appearance.

Each session lasts approximately 15 minutes.

1 session | \$35 3 sessions | \$90 6 sessions | \$175 (Get 1 session FREE!)

Like a suntan, a Fake Bake tan will fade over time (usually 7-10 days) as that top layer of skin naturally sheds, so weekly applications are recommended.

We also offer Fake Bake tanning products for use at home to maintain the life of your tan.



natural nail care

manicures

The Starlet 45 min | \$20

Full classic manicure including nail shaping, cuticle maintenance, a relaxing massage and the polish of your choice.

The Supermodel 60 min | \$25

All the perks of The Starlet plus a rejuvenating sugar scrub with the scent of your choosing.

The Diva 75 min | \$35

Take The Supermodel up a notch by adding an extended massage and a moisturizing paraffin wax dip.

pedicures

Ma Chérie 60 min | \$30

A classic pedicure including a relaxing foot bath, gentle buffing, soothing massage and your choice of polish.

Mademoiselle 75min | \$35

Upgrade your Ma Chérie pedicure with an extended massage and customized, exfoliating sugar scrub.

Madame 90 min | \$45

The ultimate in pampering: add to the Mademoiselle the benefits of a skin-softening paraffin dip.

gentlemen's menu

The Executive Manicure 45 min | \$20

Full classic manicure including scrub and massage, finished with a natural nail buff.

The VIP Manicure 60 min | \$30

An upgrade from the Executive Manicure, complete with paraffin wax dip.

The Executive Pedicure 60 min | \$30

Full classic pedicure including scrub and massage, finished with a natural nail.

The VIP Pedicure 75 min | \$40

The ultimate in foot care: enjoy a scrub, extended massage and paraffin wax dip.



variable pulse light (VPL)

permanent hair removal • photo facials • skin rejuvenation

The Energist ULTRA system uses Variable Pulsed Light for the process of hair removal and in treatment of acne, rosacea, thread veins, and sun or age spots.

In these non-laser treatments, each light pulse is comprised of a number of short, rapid pulses, ensuring a more controlled absorption by the appropriate structures while minimizing heating of the surrounding skin.

For details and to set up a consultation with Donita White, RN call 661.633.0220



spa packages

Enjoy a day of wellness and pampering. Choose from the list below, or combine your favorite treatments to create your own customized package.

Gift Certificates available.

The Bare Essentials 60 min | \$60

30-minute Customized Massage

30-minute Fast Results Facial

The Sweet Essentials 2 hours | \$100

75-minute Integrated Massage

30-minute Fast Results Facial

Eye Brow Wax/Re-shaping

The Ultimate Essentials 4 hours | \$230

70-minute Body Treatment (excludes CryoThermic)

75-minute Integrated Massage

70-minute Classic Bioelements Facial

with Multi-Task Eye Mask

and Lip Buff Double Exfoliation

"Ultimate" package includes light refreshments for you to enjoy after your treatment.

The Gentleman's Essentials 2.5 hours | \$130

60-minute Bioelements Skin Treatment for Men

with Hand Retexturizing Treatment

75-minute Integrated Massage

with Hot Stones

planning a girls' night out?

Throw your party with us! You and your friends can enjoy a fabulous evening of VIP pampering at your own private after hours spa party. Choose from the packages listed here, or customize your own special night. Your group will have exclusive access to the spa and we will provide beverages and light refreshments. Accommodates up to 4 guests.

Reservations must be held with a credit card. We require all parties have a total booking minimum of \$400 with a minimum of \$100 per person in spa services. A onetime \$50 facility charge will be added to all parties. Please allow a 48 hour notice when cancelling your party.

Please note: your credit card will be charged in full if anyone in your party fails to cancel within the 48-hour period.



wedding & bridal packages

The Pre-Wedding Slimdown: CryoThermic Slimming Body Wrap Series

5 sessions | \$300 Buy a series of 4, get 5th FREE!

This intensive thermal process will immediately begin to target puffiness and swelling due to water retention, tissue firmness, unwanted toxins and sluggish microcirculation.

The result is a more toned, revitalized body.

Add a 30-minute Fast Results Facial for just \$30 per session!

The Wedding Day Essentials 3 hours* | \$177*

45-minute Deep-Cleansing Back Treatment

30-minute Fast Results Eye Smoother
with Lip Buff Double Exfoliation

30-minute Hand & Foot Sugar Polish

Wedding Makeup Application
**(includes Makeup Trial at least 1 week prior)*

The Bridal Party Essentials 3 hours | \$185 per person

The perfect way for the bride and her bridal party to de-stress and refresh before the big day!

Accommodates up to 4 guests.

Please choose one treatment from each group below:

face & body care

Classic Bioelements Facial
with Multi-Task Eye Mask

Deep-Cleansing Back Treatment
with Hand Retexturizing

Sugar Soufflé Body Polish
choose your favorite scent

massage

60-min Back to Basics
with Hot or Cold Stones

60-min Integrated
includes Face & Scalp Massage

60-min Shiatsu
with Essential Oils

finishing touches

Airbrush Tan

Makeup Touch-up

Brow, Lip, & Chin Wax

Add a spa lunch for just \$10 extra per person!

Make your spa party an all-day affair and enjoy a delicious spa lunch out on our patio.

Ask us about menu options when scheduling your bridal party package.

Appointments are required for all treatments and packages. Prices do not include gratuities.

All menu prices subject to change without notice.

Cancellation policy: As a courtesy, please allow a 24-hour cancellation notice for spa services. For Spa Packages, a 48-hour cancellation notice is required to avoid a 50% charge. "No-Shows" will be charged the full Package price. If you are running late, a phone call is appreciated. Your treatment will still end at the scheduled time regardless of a late arrival and you will be charged in full for the original appointment.



price list

facial treatments

Classic Bioelements Facial

30 min Fast Results Facial | \$35
70 min | \$65

Fast Results Eye Smoother 30 min | \$35

Bioelements Skin Treatment for Men

30 min Fast Results | \$35
60 min | \$60

Lactic-Plus Peel

30 min Fast Results Peel | \$40
70 min | \$75

Flaxx-C Anti-Aging Facial

30 min Fast Results Lift | \$40
75 min | \$75

Pumice Peel Facial 70 min | \$70

Oxygenation Facial 70 min | \$70

VitaMineral Facial 70 min | \$70

Calmitude Facial 70 min | \$65

Microdermabrasion with Light Therapy \$85 | 75 min
\$105 | 90 min

micro-treatments (facial add-ons)

V-Neck Firming Mask \$10

Multi-task Eye Mask \$10

Lip Buff Double Exfoliation \$5

Herbology Hand Retexturizing \$10

body treatments

Vanilla Latte Sugar Polish 75 min | \$70

Herbology Body Retexturizer 75 min | \$70

MudTherapy Body Mask 75 min | \$70

Sugar Soufflé* Body Polish 75 min | \$70

CryoThermic Body Treatment 75 min | \$75

massage treatments

Back to Basics 50 min | \$55

Integrated Massage

75 min | \$65 90 min | \$80

Couples Massage 60 min | \$150/couple

Shiatsu 60 min | \$70

Aromatherapy 60 min | \$70

Prenatal 60 min | \$65

à la carte (massage add-ons)

Hot or Cold Stone \$10

Sugar Polish \$10

Balance & Relaxation \$10

manicures

The Starlet 45 min | \$20

The Supermodel 60 min | \$25

The Diva 75 min | \$35

pedicures

Ma Chérie 60 min | \$30

Mademoiselle 75 min | \$35

Madame 90 min | \$45

gentleman's nail care

The Executive Manicure 45 min | \$20

The VIP Manicure 60 min | \$30

The Executive Pedicure 60 min | \$30

The VIP Pedicure 75 min | \$40

waxing

Lip, Chin, or Hairline \$10 each area

Nose \$5 **Eye Brow** \$12 **Face** \$30

Half leg \$30 **Full leg** \$45 **Bikini line** \$28

Brazilian \$40 **Full Brazilian** \$45

Half Back \$27 **Full Back** \$55

Underarm \$19 **Half Arm** \$20 **Full Arm** \$30

makeup services

Full application 40 min | \$45

Wedding/Trial 45 min/60 min | \$45/\$22.50

airbrush tanning

1 session \$35 **3 sessions** \$90 **6 sessions** \$175

spa packages

The Bare Essentials 60 min | \$60

The Sweet Essentials 2 hrs | \$100

The Ultimate Essentials 4 hrs | \$230

The Gentleman's Essentials 2.5 hrs | \$130

bridal packages

The Pre-Wedding Slimdown

Series of 5 Cryothermic Wraps | \$300

The Wedding Day Essentials

3 hours | \$177

The Bridal Party Essentials

3 hours | \$185 per person